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(he/him/his)

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**ACADEMIC POSITIONS**

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- 2024 - present      **Trinity College Psychology Department**  
*Hartford, Connecticut, USA*  
Assistant Professor of Psychology
- 2023 – 2024      **Boston University, Center for Anxiety and Related Disorders**  
*Boston, MA, USA*  
Postdoctoral Associate  
Mentors: Anthony Joseph Rosellini, Ph.D., Lisa Smith, Ph.D.
- 2018 – 2023      **Florida International University Community Based Research Institute**  
*Miami, FL, USA*  
Research Analyst  
Mentors: Eric F. Wagner, Ph.D., Michelle M. Hospital, Ph.D., Staci L. Morris, Psy.D.
- 2016 – 2018      **Boston University Center for Anxiety and Related Disorders**  
*Boston, MA, USA*  
Research Fellow & Coordinator

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**EDUCATION & TRAINING**

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- 2023      **Radboud University Donders Institute for Brain, Cognition, & Behaviour**  
*Nijmegen, The Netherlands*  
Doctor of Philosophy in Clinical Psychology  
Mentors: Jos I.M. Egger, Ph.D., Paul T. van der Heijden, Ph.D., Jan J.L. Derksen, Ph.D.
- 2016      **Radboud University**  
*Nijmegen, The Netherlands*  
Master of Science in Healthcare Psychology
- 2014      **Radboud University**  
*Nijmegen, The Netherlands*  
Bachelor of Science in Psychology

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## PUBLICATIONS & PRESENTATIONS

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### Peer-Reviewed Publications

1. Fernandez, S. F., Clarke, R. D., **Langwerden, R. J.**, Perez, K. E., Howard, M. M., Morris, S. L., Hospital, M. M., & Wagner, E. F. (2023). Lessons learned from a community-university partnership to increase testing services for emerging adults at a minority-serving institution. *Journal of Prevention and Health Promotion*, 4(3-4), 339-363. <https://doi.org/10.1177/26320770231189182>
2. **Langwerden, R. J.**, Morris, S. L., Fernandez, S. F., Contreras-Pérez, M. E., Hospital, M. M., & Wagner, E. F. (2023). Preliminary effects of a guided self-change program on perceived risks and motivation to change among university students who misuse cannabis and alcohol. *Cannabis*, 6(3), 127-138. <https://doi.org/10.26828/cannabis/2023/000173>
3. Hospital, M. M., Contreras-Pérez, M. E., Alessi, S. M., **Langwerden, R. J.**, Morris, S. L., & Wagner, E. F. (2023). Mindfulness as an early intervention for hazardous alcohol use among non-treatment seeking Latine emerging adults: A mini-review. *Addictive Behaviors*, 145, 107759. <https://doi.org/10.1016/j.addbeh.2023.107759>
4. **Langwerden, R. J.**, Ibañez, G. E., Contreras-Pérez, M. E., Contreras, H. A., Rivero, M. L., Charles, S. C., Morris, S. L., Campa, A. L., Wagner, E. F., & Hospital, M. M. (2023). A qualitative exploration of COVID-19 vaccine hesitancy among Hispanic/Latine and African American and Black middle-aged and older adults in South Florida. *Health Equity*, 7(1), 166-177. <https://doi.org/10.1089/heq.2022.0144>
5. **Langwerden, R. J.**, Van der Heijden, P. T., Derksen, J. J. L., & Egger, J. I. M. (2023). Trait polarity of the Personality Psychopathology 5 (PSY-5-r): A content analysis in relation to the Patient Description Form. *Journal of Psychopathology & Behavioral Assessment*, 45, 496-508. <https://doi.org/10.1007/s10862-022-10015-7>
6. **Langwerden, R. J.**, Van der Heijden, P. T., Claassen, T., Derksen, J. J. L., & Egger, J. I. M. (2022). The structure of dimensions of psychopathology in normative and clinical samples: Applying Causal Discovery to MMPI-2-RF scales to investigate clustering of psychopathology spectra and *p*-factors. *Frontiers in Psychiatry*, 13, 1026900. <https://doi.org/10.3389/fpsy.2022.1026900>
7. Contreras-Pérez, M. E., Diaz-Martinez, J., **Langwerden, R. J.**, Hospital, M. M., Morris, S. L., Wagner, E. F., & Campa, A. L. (2022). Preliminary analysis of COVID-19 vaccination factors among native and foreign-born Hispanic/Latine adults residing in South Florida, U.S.A. *International Journal of Environmental Research and Public Health*, 19(20), 13225. <https://doi.org/10.3390/ijerph192013225>
8. **Langwerden, R. J.**, Van der Heijden, P. T., Soons, P. H. G. M., Derksen, J. J. L., Vuijk, R., & Egger, J. I. M. (2022). An exploratory study of MMPI-2-RF personality and psychopathology profiles of adults with autism spectrum disorder without intellectual disability. *Clinical Neuropsychiatry*, 19(5), 335-346. <https://doi.org/10.36131/cnforitieditore20220509>

9. Morris, S. L., **Langwerden, R. J.**, Wagner, E. F., & Hospital, M. M. (2022). Implementation of a brief motivational intervention for alcohol and other drug using Latinx college students. *Journal of American College Health*, 1-11. <https://doi.org/10.1080/07448481.2022.2090258>
10. **Langwerden, R. J.**, Wagner, E. F., Hospital, M. M., Morris, S. L., Cueto, V., Carrasquillo, C., Charles, S. C., Perez, K. R., Contreras-Pérez, M. E., & Campa, A. L. (2022). A latent profile analysis of COVID-19 trusted sources of information among racial and ethnic minorities in South Florida. *Vaccines*, 10(4), 545. <https://doi.org/10.3390/vaccines10040545>
11. Wagner, E. F., **Langwerden, R. J.**, Morris, S. L., Ward, M. K., Trepka, M. J., Campa, A. L., Howard, M. M., Charles, S. C., Garba, N. A., & Hospital, M. M. (2022). Virtual town halls addressing vaccine hesitancy among racial/ethnic minorities: Preliminary findings. *Journal of the American Pharmacists Association*, 62(1), 317-325. <https://doi.org/10.1016/j.japh.2021.11.005>
12. **Langwerden, R. J.\***, Thompson, M. G.\*, & Wagner, E. F. (2021). Multidimensional conceptualization of identity and psychopathology: Assessing mental health disparities from an intersectional and dimensional framework. *Personality and Mental Health*, 15(4), 293-308. <https://doi.org/10.1002/pmh.1519>. \*Indicates shared first authorship.
13. Sy, A., Hayes, T., Laurila, K., Noboa, C., **Langwerden, R. J.**, Hospital, M. M., Andújar-Pérez, D. A., . . . Mehravaran, S. (2020). Evaluating Research Centers in Minority Institutions: Framework, metrics, best practices, and challenges. *International Journal of Environmental Research and Public Health*, 17(22), 8373. <https://doi.org/10.3390/ijerph17228373>
14. **Langwerden, R. J.**, Van der Heijden, P. T., Egger, J. I. M., & Derksen, J. J. L. (2020). Robustness of the maladaptive personality plaster: An investigation of stability of the PSY-5-r in adults over 20 years. *Journal of Personality Assessment*, 103(1), 27-32. <https://doi.org/10.1080/00223891.2020.1729772>
15. Caetano, K. A. S., Depreeuw, B., Papenfuss, I., Curtiss, J., **Langwerden, R. J.**, Hofmann, S. G., & Neufeld, C. B. (2018). Trial-Based Cognitive Therapy: Efficacy of a new CBT approach in treating social anxiety disorder with comorbid depression. *International Journal of Cognitive Therapy*, 11(3), 325-342. <https://doi.org/10.1007/s41811-018-0028-7>
16. **Langwerden, R. J.**, Derksen, J. J. L., Özbekler-Aslan, D., & Rooijackers, L. (2016). Zijn gescheiden mensen oververtegenwoordigd in de geestelijke gezondheidszorg? *GZ-Psychologie*, 8(5), 10-15. <https://doi.org/10.1007/s41480-016-0034-4>

### **Conference Presentations & Posters**

1. Morris, S. L., Gonzalez, I., Mumaw, M., Cedeno, L., Bursac, Z., **Langwerden, R. J.**, Wagner, E. F., & Hospital, M. M. (2022, December 11-14). *Implementation of a reentry program to reduce recidivism of former state prisoners through systems improvement: The Broward Reentry Center (BREC)* [Poster presentation]. 15th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, DC, United States.

2. Morris, S. L., Wagner, E. F., Quintana, J. E., Perez, K. R., **Langwerden, R. J.**, & Hospital, M. M. (2022, December 11-14). *Implementation of a training program to expand the professional workforce trained to provide interprofessional behavioral health care for medically underserved communities: FIU'S BHWET-PRO Program* [Poster presentation]. 15th Annual Conference on the Science of Dissemination and Implementation in Health, Washington, DC, United States.
3. Diaz-Martinez, J., Delgado-Enciso, I., **Langwerden, R. J.**, Hospital, M. M. (2022, April 20-22) *Racial/ethnic differences in neutrophil-to-lymphocyte ratio (NLR) among hemodialysis patients* [Conference presentation]. 20th Network of Minority Health Research Investigators Annual Workshop, Virtual.
4. Morris, S. L., Gonzalez, I., Mumaw, M., Cedeno, L. Bursac, Z., **Langwerden, R. J.**, Wagner, E. F., & Hospital, M. M. (2021, December 14-16). *Implementation of a reentry program to reduce recidivism of former state prisoners through systems improvement: The Broward Reentry Center (BREC)* [Poster presentation]. 14th Annual Conference on the Science of Dissemination and Implementation in Health, Virtual.
5. Morris, S. L., Wagner, E. F., Quintana, J. E., Perez, K. R., **Langwerden, R. J.**, & Hospital, M. M. (2021, December 14-16). *Implementation of a training program to expand the professional workforce trained to provide interprofessional behavioral health care for medically underserved communities: FIU's BHWET program* [Poster presentation]. 14th Annual Conference on the Science of Dissemination and Implementation in Health. Virtual.
6. **Langwerden, R. J.**, Hospital, M. M., Morris, S. L., & Wagner, E. F. (2020, November 18-22). *A College-based Guided Self-Change program targeting problematic substance use among young adults* [Poster presentation]. Association for Behavioral and Cognitive Therapies 54<sup>th</sup> Annual Convention, Virtual.
7. Hospital, M. M., **Langwerden, R. J.**, Morris, S. L., Wagner, E. F., Charles, S. C., & Driesbach, D. (2019, December 15-17). *Developing meaningful RCMI evaluation metrics* [Poster presentation]. Research Centers in Minority Institutions 2019 National Conference, Bethesda, MD, United States.
8. **Langwerden, R. J.**, Morris, S. L., Clarke, R. D., Hospital, M. M., Wagner, E. F., & Perez, K. (2019, November 7-9). *Preliminary results of a study implementing a brief, manualized Guided Self-Change intervention for college students with substance use problems* [Poster presentation]. Association for Multidisciplinary Education and Research in Substance Use and Addiction 43<sup>rd</sup> Annual National Conference, Boston, MA, United States.
9. **Langwerden, R. J.**, Morris, S. L., Hospital, M. M., & Wagner, E. F. (2019, November 7-9). *Clinical case presentation: Guided Self-Change targeting excessive alcohol consumption in a college student immersed in Caribbean carnival cultures* [Poster presentation]. Association for Multidisciplinary Education and Research in Substance Use and Addiction 43<sup>rd</sup> Annual National Conference, Boston, MA, United States.
10. **Langwerden, R. J.**, Conroy, K., Van der Heijden, P. T., Egger, J. I. M., & Derksen, J. J. L. (2017, November 16-19). *The mediating role of positive affect on the relationship between hopelessness-helplessness and anxiety* [Poster presentation]. Association for Behavioral and Cognitive Therapies 51st Annual Convention, San Diego, CA, United States.

**Professional Trainings & Presentation Contributions**

- 02/2022 COVID-19 Vaccine Trusted Sources of Information Latent Profile Analysis Study (FL-CEAL) at the NIH Spotlight Series.
- 10/2021 COVID-19 Supplemental Grant results of the FIU-Research Center in Minority Institution (FIU-RCMI) at the 2021 FIU-Health Equity Symposium (virtual).
- 08/2021 COVID-19 Supplemental Grant results of the FIU-Research Center in Minority Institution (FIU-RCMI) at NIMHD representatives (virtual)
- 10/2020 Training in Guided Self-Change for the Healthy Living Program (HLP) at Florida International University (virtual).
- 08/2019 Training on Guided Self-Change Clinical Services at the Counseling and Psychological Services Center (CAPS) at Florida International University, Miami, FL.
- 01/2019 Training on Guided Self-Change Clinical Services at the Counseling and Psychological Services Center (CAPS) at Florida International University, Miami, FL.

**TEACHING & SUPERVISION EXPERIENCE**

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- 12/2023 - 06/2024 Clinical Supervision of Graduate Students at Boston University's Center for Anxiety and Related Disorders (CARD)  
*Boston, MA, USA*
- 08/2023 – 12/2023 Florida International University Professional Counseling Psychology Master's Program (Adjunct)  
*Miami, FL, USA*  
Course: Introduction to Psychological Assessment

**AD HOC REVIEWER**

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*Journal of the American Academy of Pediatrics*  
*Vaccine*