

ALISHA C. HOLLAND
Department of Psychology
300 Summit Street, Hartford, CT 06106
E-mail: alisha.holland@trincoll.edu

EDUCATION

- 2007-2012 Boston College, Ph.D., Psychology (Concentration in Cognitive and Affective Neuroscience)
Advisor: Elizabeth Kensinger; *Committee:* Scott Slotnick, Ehri Ryu, Daniel Schacter
Dissertation Title: *The behavioral and neural effects of emotion regulation on autobiographical memory retrieval*
- 2001-2005 Fairfield University, B.A., Psychology, *summa cum laude*

ACADEMIC EMPLOYMENT

- 2020-Present Lecturer and Coordinator of Introductory Psychology, Trinity College
- 2014-2020 Lecturer in Neuroscience and Education, Teachers College, Columbia University
- 2015-2016 Academic Advisor, College of New Rochelle
- 2012-2014 Postdoctoral Associate, New York University and Columbia University
- 2005-2007 Manager of Memory Development Laboratory, Duke University

RESEARCH GRANTS AND TRAINING FELLOWSHIPS

- 2011-2012 Boston College Graduate School of Arts and Sciences Dissertation Fellowship
- 2008-2011 National Defense Science and Engineering Graduate (NDSEG) Fellowship for Cognitive, Neural, and Behavioral Sciences
- 2004 National Science Foundation (NSF) Research Experience for Undergraduates Fellowship

HONORS AND AWARDS

Teaching

- Spring 2011 Donald J. White Teaching Excellence Award, for instruction of Psychology and Neuroscience of Human Memory at Boston College

Research

- 2011 Graduate Women in Science, Alpha Omega Chapter Travel Grant
- 2010 Boston College Graduate Student Association Individual Research and Conference Grant

TEACHING AND MENTORING EXPERIENCE

Instructor Training

- 2010-2011 Boston College, Whole Person Education Workshop Series
- 2009 University of New Hampshire, Preparing to Teach a Psychology Course

Course Organizer and Instructor

- 2014-2020 Teachers College, Columbia University
BBSN 4001 Foundations in Neuroscience: Anatomy & Physiology
BBSN 4002 Foundations in Neuroscience II: Systems Neuroscience
BBSN 4005 Research Methods in Neuroscience
BBSN 5003 Cognitive Neuroscience
BBSN 5044 Current Issues in Neuroscience
BBSN 5199 Special Topics in Neuroscience: Neuroanatomy
BBSN 5500 Neuroscience and Education Capstone and Thesis
BBSN 5580 Affective Neuroscience
BBSN 5199 Special Topics in Neuroscience: Social Neuroscience
BBSN 5007 Neuroscience Applications to Education

Summer 2014 Fairfield University
PY111 Developmental Psychology for Non-Majors (online course)

Fall 2010 Boston College
PS375 Psychology and Neuroscience of Human Memory

Advising and Mentoring

- 2014-2020 Advisor to approximately 20 students per year in the Neuroscience and Education program at Teachers College, including independent study and thesis students
- 2011-2012 Graduate Student Advisor to the Boston College Psi Chi chapter
- 2009-2012 Co-supervisor for senior thesis projects and mentor to several undergraduate research assistants at Boston College

2007-Present Brain Awareness Week

Mentor elementary and middle school-aged children on neuroscience annually. Organized a neuroscience fair at Stepping Stones Museum for Children in Norwalk, CT (2018).

PEER-REVIEWED PUBLICATIONS

Holland, A.C. & Kensinger, E.A. (2013). An fMRI investigation of the cognitive reappraisal of negative memories. *Neuropsychologia*, 2389-2400.

Holland, A.C. & Kensinger, E.A. (2013). The neural correlates of cognitive reappraisal during emotional autobiographical memory recall. *Journal of Cognitive Neuroscience*, 25, 87- 108.

Holland, A.C. & Kensinger, E.A. (2012). Younger, middle-aged, and older adults' memories of the 2008 U.S. Presidential election. *Journal of Applied Research in Memory and Cognition*, 3, 163-170.

Holland, A.C., Addis, D.R., & Kensinger, E.A. (2011). The neural correlates of specific versus general autobiographical memory construction and elaboration. *Neuropsychologia*, 49, 3164-3177.

Holland, A.C., Tamir, M., & Kensinger, E.A. (2010). The effect of regulation goals on emotional event specific knowledge. *Memory*, 18, 504-521.

Holland, A.C. & Kensinger, E.A. (2010). Emotion and autobiographical memory. *Physics of Life Reviews*, 7, 88-131.

Holland, A.C. & Kensinger, E.A. (2010). The importance of regulatory goal states for autobiographical memory: A reply to Levine and Rubin. *Physics of Life Reviews*, 7, 136-138.

BOOK CHAPTERS

Holland, A.C. & Gazman, Z. (revision submitted). Autobiographical memory and emotion. To appear in the *Handbook of Language and Emotion*.

Holland, A.C. & Kensinger, E.A. (2013). Emotion in Episodic Memory. *The Cambridge Handbook of Human Affective Neuroscience*, 465-488.

Murray, B.D., **Holland, A.C.**, & Kensinger, E.A. (2013). Episodic memory and emotion. *Handbook of cognition and emotion*, 156-75.

CONFERENCE PRESENTATIONS

Invited Talks

Holland, A.C., Dore, B., Ochsner, K.N., & Davachi, L. (2014, June). The durability of cognitive reappraisal applied to autobiographical retrieval. Talk presented at the Manhattan Area Memory Meeting.

Holland, A.C. (2012, April). Autobiographical memory and emotion regulation. Talk presented at the Harvard University Social Neuroscience Workshop.

Holland, A.C. & Kensinger, E.A. (2012, March). Younger, middle-aged, and older adults' memories for the 2008 Presidential election. Talk presented at *Eastern Psychological Association*, Pittsburgh, PA.

Holland, A.C. (2011, December). The effects of emotion regulation on autobiographical memory recall. Talk presented at the Graduate Women in Science "Award-winning science" Meeting.

Posters

***Denotes research assistant or thesis advisee.**

- Holland, A.C.**, Doré, B., Davachi, L., & Ochsner, K.N. (2013, April). The Durability of Cognitive Reappraisal Applied to Autobiographical Memories. Poster presented at the *Social and Affective Neuroscience Society*, San Francisco, CA.
- Goldowsky, A.* & **Holland, A.C.** (2011, October). The effect of emotion regulation on memory for positive information. Poster presented at the *New England Psychological Association*, Fairfield, CT.
- Holland, A.C.** & Kensinger, E.A. (2011, October). The effect of emotion regulation goals on the subjective experiences of autobiographical memory recall. Poster presented at the *New England Psychological Association*, Fairfield, CT.
- Holland, A.C.** & Kensinger, E.A. (2011, June). The effect of emotion regulation on the phenomenological characteristics of autobiographical memories. Poster presented at *Society for Applied Research in Memory and Cognition*, New York, NY.
- Holland, A.C.**, Addis, D.R., & Kensinger, E.A. (2010, November). The neural correlates of specific vs. general autobiographical memories. Poster presented at *Society for Neuroscience*, San Diego, CA.
- Holland, A.C.** & Kensinger, E.A. (2010, June). Younger and older adults' memories for the 2008 U.S. Presidential Election. Poster presented at *Theoretical Perspectives on Autobiographical Memory*, Aarhus, Denmark.
- Holland, A.C.**, Addis, D.R., & Kensinger, E.A. (2010, January). An fMRI investigation of general vs. specific autobiographical memories. Poster presented at the *Alpine Brain Imaging Meeting*, Champéry, Switzerland.
- Holland, A.C.**, Addis, D.R., & Kensinger, E.A. (2009, October). Neuroimaging overgeneral autobiographical memory. Poster presented at *Society for Neuroscience*, Chicago, IL.
- Mickley Steinmetz, K.R., Waring, J.D., Atapattu, R., **Holland, A.C.**, Morvan, C.I., Murray, B.D. (2009). Boston College Brain Awareness Week: From Schools for Senior Centers. Poster presented at *Society for Neuroscience*, Chicago, IL.
- Holland, A.C.**, Tamir, M., & Kensinger, E.A. (2008, November). The malleability of narrative content in autobiographical memory recall. Poster presented at the *Psychonomic Society Meeting*, Chicago, IL.
- Holland, A.C.**, Tamir, M., & Kensinger, E.A. (2008, May). Emotion regulation goals influence details recalled about past events. Poster presented at the *Conference on Emerging Trends in Behavioral, Affective, Social, and Cognitive Neuroscience*, Medford, MA.
- Cochrane, K., **Holland, A.C.**, & Bauer, P.J. (2007, October). Where Does It Go Awry? Predicting Age-related Differences In Long-term Recall. Poster presented at the biennial meeting of the *Cognitive Development Society*, Santa Fe, NM.
- Bohanek, J., **Holland, A.C.**, & Bauer, P.J. (2007, July). Structure, content, and nature of early vs. later memories in adults. Poster presented at the biennial meeting of the *Society for Applied Research in Memory and Cognition*, Lewiston, ME.
- Pathman, T., **Holland, A.C.**, & Bauer, P.J. (2007, March). Is Time on Our Side? The Vulnerability of Memory Representations in Infants. Poster presented at the biennial meeting of the *Society of Research in Child Development*, Boston, MA.