

**ALISHA C. HOLLAND**  
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Department of Psychology  
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## **EDUCATION**

- 2007-2012 Boston College, Ph.D., Psychology (Concentration in Cognitive and Affective Neuroscience)  
*Advisor:* Elizabeth Kensinger; *Committee:* Scott Slotnick, Ehri Ryu, Daniel Schacter  
*Dissertation Title:* *The behavioral and neural effects of emotion regulation on autobiographical memory retrieval*
- 2001-2005 Fairfield University, B.A., Psychology, *summa cum laude*

## **EMPLOYMENT**

- 2020-Present Lecturer and Coordinator of Introductory Psychology, Trinity College
- 2014-2020 Lecturer in Neuroscience and Education, Teachers College, Columbia University
- 2015-2016 Academic Coach, College of New Rochelle
- 2012-2014 Postdoctoral Associate, New York University and Columbia University
- 2005-2007 Manager of Memory Development Laboratory, Duke University

## **RESEARCH GRANTS AND TRAINING FELLOWSHIPS**

- 2011-2012 Boston College Graduate School of Arts and Sciences Dissertation Fellowship
- 2008-2011 National Defense Science and Engineering Graduate (NDSEG) Fellowship for Cognitive, Neural, and Behavioral Sciences
- 2004 National Science Foundation (NSF) Research Experience for Undergraduates Fellowship

## **HONORS AND AWARDS**

### **Teaching**

Spring 2011 Donald J. White Teaching Excellence Award, for instruction of Psychology and Neuroscience of Human Memory at Boston College

### **Research**

2011 Graduate Women in Science, Alpha Omega Chapter Travel Grant

2010 Boston College Graduate Student Association Individual Research and Conference Grant

## **TEACHING AND MENTORING EXPERIENCE**

### **Pedagogical Training**

2021-2022 Trinity College, Center for Teaching and Learning Fellowship, “Reimagining Introductory Psychology”

2010-2011 Boston College, Whole Person Education Workshop Series

2009 University of New Hampshire, Preparing to Teach a Psychology Course

### **Course Organizer and Instructor**

2020-Present Trinity College  
*PSYC 101 Introduction to Psychology*  
*PSYC 225 Memory in Everyday Life*

2014-2020 Teachers College, Columbia University  
*BBSN 4001 Anatomy & Physiology*  
*BBSN 4002 Systems Neuroscience*  
*BBSN 4005 Research Methods in Neuroscience*  
*BBSN 5003 Cognitive Neuroscience*  
*BBSN 5044 Current Issues in Neuroscience*  
*BBSN 5199 Special Topics in Neuroscience: Neuroanatomy*  
*BBSN 5500 Neuroscience and Education Capstone and Thesis*  
*BBSN 5580 Affective Neuroscience*  
*BBSN 5199 Social Neuroscience*  
*BBSN 5007 Neuroscience Applications to Education*

Summer 2014 Fairfield University  
*PY111 Developmental Psychology for Non-Majors (online course)*

Fall 2010 Boston College  
*PS375 Psychology and Neuroscience of Human Memory*

### **Advising and Mentoring**

2020-Present Advisor to psychology majors, including senior thesis students

Summer 2021 Faculty research sponsor (student: Hannah Michelson '22), Summer Research Program at Trinity College, “A Literature Review of Cognitive Control’s Role in Autobiographical Memory and Emotion Regulation”

2014-2020 Advisor to approximately 20 students per year in the Neuroscience and Education program at Teachers College, including independent study and thesis students

2011-2012 Graduate Student Advisor to the Boston College Psi Chi chapter

- 2009-2012 Co-supervisor for senior thesis projects and mentor to undergraduate students at Boston College
- 2007-Present Brain Awareness Week  
*Mentor elementary and middle school-aged children on neuroscience annually. Organized a neuroscience fair at Stepping Stones Museum for Children in Norwalk, CT (2018).*

## PEER-REVIEWED PUBLICATIONS

- Holland, A.C.** & Kensinger, E.A. (2013). An fMRI investigation of the cognitive reappraisal of negative memories. *Neuropsychologia*.
- Holland, A.C.** & Kensinger, E.A. (2013). The neural correlates of cognitive reappraisal during emotional autobiographical memory recall. *Journal of Cognitive Neuroscience*, 25, 87- 108.
- Holland, A.C.** & Kensinger, E.A. (2012). Younger, middle-aged, and older adults' memories of the 2008 U.S. Presidential election. *Journal of Applied Research in Memory and Cognition*, 3, 163-170.
- Holland, A.C.**, Addis, D.R., & Kensinger, E.A. (2011). The neural correlates of specific versus general autobiographical memory construction and elaboration. *Neuropsychologia*, 49, 3164-3177.
- Holland, A.C.**, Tamir, M., & Kensinger, E.A. (2010). The effect of regulation goals on emotional event specific knowledge. *Memory*, 18, 504-521.
- Holland, A.C.** & Kensinger, E.A. (2010). Emotion and autobiographical memory. *Physics of Life Reviews*, 7, 88-131.
- Holland, A.C.** & Kensinger, E.A. (2010). The importance of regulatory goal states for autobiographical memory: A reply to Levine and Rubin. *Physics of Life Reviews*, 7, 136-138.

## BOOK CHAPTERS

- Holland, A.C.** & Gazman, Z. (in press). Autobiographical memory and emotion. To appear in the *Handbook of Language and Emotion*.
- Holland, A.C.** & Kensinger, E.A. (2013). Emotion in Episodic Memory. *The Cambridge handbook of human affective neuroscience*, 465.
- Murray, B.D., **Holland, A.C.**, & Kensinger, E.A. (2013). Episodic memory and emotion. *Handbook of cognition and emotion*, 156-75.

## CONFERENCE PRESENTATIONS

### Invited Talks

- Holland, A.C.**, Dore, B., Ochsner, K.N., & Davachi, L. (2014, June). The durability of cognitive reappraisal applied to autobiographical retrieval. Talk presented at the Manhattan Area Memory Meeting.
- Holland, A.C.** (2012, April). Autobiographical memory and emotion regulation. Talk presented at the Harvard University Social Neuroscience Workshop.
- Holland, A.C.** & Kensinger, E.A. (2012, March). Younger, middle-aged, and older adults'

memories for the 2008 Presidential election. Talk presented at *Eastern Psychological Association*, Pittsburgh, PA.

**Holland, A.C.** (2011, December). The effects of emotion regulation on autobiographical memory recall. Talk presented at the Graduate Women in Science “Award-winning science” Meeting.

### Posters

**\*Denotes research assistant or thesis advisee.**

**Holland, A.C.** (2022, October). As easy as pi? An applications-based project for teaching about memory. Poster presented at the Annual Conference on Teaching, virtual.

**Holland, A.C.**, Doré, B., Davachi, L., & Ochsner, K.N. (2013, April). The Durability of Cognitive Reappraisal Applied to Autobiographical Memories. Poster presented at the *Social and Affective Neuroscience Society*, San Francisco, CA.

Goldowsky, A.\* & **Holland, A.C.** (2011, October). The effect of emotion regulation on memory for positive information. Poster presented at the *New England Psychological Association*, Fairfield, CT.

**Holland, A.C.** & Kensinger, E.A. (2011, October). The effect of emotion regulation goals on the subjective experiences of autobiographical memory recall. Poster presented at the *New England Psychological Association*, Fairfield, CT.

**Holland, A.C.** & Kensinger, E.A. (2011, June). The effect of emotion regulation on the phenomenological characteristics of autobiographical memories. Poster presented at *Society for Applied Research in Memory and Cognition*, New York, NY.

**Holland, A.C.**, Addis, D.R., & Kensinger, E.A. (2010, November). The neural correlates of specific vs. general autobiographical memories. Poster presented at *Society for Neuroscience*, San Diego, CA.

**Holland, A.C.** & Kensinger, E.A. (2010, June). Younger and older adults’ memories for the 2008 U.S. Presidential Election. Poster presented at *Theoretical Perspectives on Autobiographical Memory*, Aarhus, Denmark.

**Holland, A.C.**, Addis, D.R., & Kensinger, E.A. (2010, January). An fMRI investigation of general vs. specific autobiographical memories. Poster presented at the *Alpine Brain Imaging Meeting*, Champéry, Switzerland.

**Holland, A.C.**, Addis, D.R., & Kensinger, E.A. (2009, October). Neuroimaging overgeneral autobiographical memory. Poster presented at *Society for Neuroscience*, Chicago, IL.

Mickley Steinmetz, K.R., Waring, J.D., Atapattu, R., **Holland, A.C.**, Morvan, C.I., Murray, B.D. (2009). Boston College Brain Awareness Week: From Schools for Senior Centers. Poster presented at *Society for Neuroscience*, Chicago, IL.

**Holland, A.C.**, Tamir, M., & Kensinger, E.A. (2008, November). The malleability of narrative content in autobiographical memory recall. Poster presented at the *Psychonomic Society Meeting*, Chicago, IL.

**Holland, A.C.**, Tamir, M., & Kensinger, E.A. (2008, May). Emotion regulation goals influence details recalled about past events. Poster presented at the *Conference on Emerging Trends in Behavioral, Affective, Social, and Cognitive Neuroscience*, Medford, MA.

Cochrane, K., **Holland, A.C.**, & Bauer, P.J. (2007, October). Where Does It Go Awry? Predicting Age-related Differences In Long-term Recall. Poster presented at the biennial meeting of the *Cognitive Development Society*, Santa Fe, NM.

Bohanek, J., **Holland, A.C.**, & Bauer, P.J. (2007, July). Structure, content, and nature of early vs. later memories in adults. Poster presented at the biennial meeting of the *Society for Applied Research in Memory and Cognition*, Lewiston, ME.

Pathman, T., **Holland, A.C.**, & Bauer, P.J. (2007, March). Is Time on Our Side? The Vulnerability of Memory Representations in Infants. Poster presented at the biennial meeting of the *Society of Research in Child Development*, Boston, MA.

## **EDITORIAL EXPERIENCES**

Ad Hoc Reviewer: *Quarterly Journal of Experimental Psychology; Neuropsychologia; Hippocampus; Scandinavian Journal of Psychology; Emotion; Developmental Psychology; SAGE Open*

Editorial Assistant: *Journal of Cognition and Development*, Duke University (2005-2007)  
*Managed journal submissions; solicited reviews; copyedited and compiled quarterly issues*

## **SERVICE**

National Defense Science and Engineering Graduate Fellowship; Cognitive, Neural, and Behavioral Sciences review panel, 2013

Boston College Graduate Student Association, Psychology representative, 2008-2012

Graduate Research Symposium Committee, Boston College, 2009-2010

Interdisciplinary Neuroscience Speaker Series Co-organizer, Boston College, 2007-2008

## **OTHER SIGNIFICANT EXPERIENCES**

International Summer School in Affective Sciences, Swiss Centre for Affective Sciences, 2010  
Topic: Emotion regulation

FMRI Image Acquisition and Analyses Course, The Mind Research Network and the University of New Mexico, 2008