

Robert Outten
Curriculum Vitae
Trinity College
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<https://scholar.google.com/citations?user=7p1618UNwQkC&hl=en>



https://www.researchgate.net/profile/Robert_Outten

RESEARCH INTERESTS

* Group processes * Intergroup relations * Social identity * Coping with discrimination
 * Diversity * Social inequality * Intergroup emotions

ACADEMIC POSITIONS

Starting July 2021 – Associate Professor of Psychology, Trinity College

July 2015 – present Assistant Professor of Psychology, Trinity College

July 2013 – June 2015 Postdoctoral Fellow, Institute of Social Sciences, University of Lisbon

EDUCATION

February 2013: Ph.D. Social Psychology **Simon Fraser University**

Dissertation: *To engage or disengage? How group-based coping options explain the relationship between group identification and well-being for disadvantaged groups.*

Senior Supervisor: Dr. Michael T. Schmitt, Supervisors: Dr. Stephen C. Wright and Dr. Kim Bartholomew

May 2008: M.A. Social Psychology **Simon Fraser University**

Thesis: *Coping options: Missing links between minority group identification and psychological well-being.*

Senior Supervisor: Dr. Michael T. Schmitt, Supervisor: Dr. Stephen C. Wright

June 2005: Honors B.A. Psychology & History (Double Major) **York University**

Thesis: *Race does matter: The role of race, racial salience & racial identity in perceiving possible instances of discrimination.*

Supervisor: Dr. Richard N. Lalonde

MAJOR RESEARCH GRANTS & FELLOWSHIPS

- 2013 - 2015** *Fundação para a Ciência e Tecnologia Postdoctoral Grant*, Examining the socio-psychological and contextual factors that affect majority group members' responses to anticipated ethnic demographic changes, \$35,880 €
- 2009 - 2012** *Social Sciences and Humanities Research Council-Joseph Armand Bombardier Doctoral Fellowship*, More than an individual effort: Examining the importance of intergroup coping options in alleviating the harm associated with perceived discrimination, \$105,000 CDN

OTHER FELLOWSHIPS, AWARDS & HONORS

- 2021** *Psi Chi Diversity Article Award*, \$600 USD (awarded to Trinity student co-author Timothy Lee)
- 2016** *Society for Personality and Social Psychology Teacher/Scholar Travel Award*—for faculty who work exclusively with undergraduate students, \$500 USD
- 2012** *Simon Fraser University President's PhD Research Stipend*, \$6250 CDN
- 2012** *Simon Fraser University Graduate Travel and Minor Research Award*, \$625 CDN
- 2011** *Canadian Psychological Association Student Travel Award*, \$130 CDN
- 2011** *Simon Fraser University Graduate Travel and Minor Research Award*, \$500 CDN
- 2010** *Simon Fraser University Graduate Travel and Minor Research Award*, \$400 CDN
- 2009** *Simon Fraser University Graduate Fellowship-Doctoral*, \$6250 CDN
- 2009** *Society of Personality and Social Psychology, Summer Institute in Social Psychology, Scholarship*, \$750 USD
- 2008** *Simon Fraser University Graduate Fellowship-Masters*, \$6250 CDN
- 2008** *Society for the Psychological Study of Social Issues Graduate Travel Award*, \$500 USD
- 2007** *Simon Fraser University Graduate Fellowship-Masters*, \$6000 CDN
- 2007** *Society for Personality and Social Psychology Travel Award*, \$500 USD
- 2006** *Simon Fraser University Special Graduate Entrance Scholarship*, \$4000 CDN
- 2000** *York University Entrance Scholarship*, \$500 CDN

2000 Association for the Advancement of Blacks in the Health Sciences Scholarship,
\$700 CDN

PEER-REVIEWED PUBLICATIONS (*indicates Trinity student co-author)

Bourguignon, D., Teixeira, C. P., Koc, Y., **Outten, H. R.**, Faniko, K., & Schmitt, M. T. (2020). On the protective role of identification with a stigmatized identity: Promoting engagement and discouraging disengagement coping strategies. *European Journal of Social Psychology, 50*, 1125-1142.

Outten, H. R., & *Lawrence, M. E. (2020). Intergroup threat and heterosexual cisgender women's support for policies regarding the admittance of trans women at a women's college. *Social Sciences, 9*(11), 208.

*Lee, T., & **Outten, H. R.** (2020). The effect of model minority myth salience on White Americans' perceptions of Black Americans and their support for affirmative action. *Psi Chi Journal of Psychological Research, 25*, 2-13.

- **Winner of the 2020-2021 Psi Chi Diversity Article Award**

Outten, H. R., *Lee, T., & *Lawrence, M. E. (2019). Heterosexual women's support for trans-inclusive bathroom legislation depends on the degree to which they perceive trans women as a threat. *Group Processes and Intergroup Relations, 22*, 1094-1108.

Outten, H. R., *Lee, T., Costa-Lopes, R., Schmitt, M. T., & Vala, J. (2018). Majority group members' negative reactions to future demographic shifts depend on the perceived legitimacy of their status: Findings from the United States and Portugal. *Frontiers in Psychology, 9*:79, 1-12.

Outten, H. R., & Schmitt, M. T. (2015). The more "intergroup" the merrier? The relationship between ethnic identification, coping options, and life satisfaction among South Asian Canadians. *Canadian Journal of Behavioural Science/Revue Canadienne Des Sciences du Comportement, 47*, 12-20.

Giamo, L. S., Schmitt, M. T., & **Outten, H. R.** (2012). Perceived discrimination, group identification, and life satisfaction among multiracial people: A test of the rejection-identification model. *Cultural Diversity and Ethnic Minority Psychology, 18*, 319-328.

Outten, H. R., Schmitt, M. T., Miller, D. A., & Garcia, A. L. (2012). Feeling threatened about the future: Whites' emotional reactions to anticipated ethnic demographic changes. *Personality and Social Psychology Bulletin, 38*, 14-25.

Outten, H. R., Giguère, B., Schmitt, M. T., & Lalonde, R. N. (2010). Racial identity, racial context and ingroup status: Implications for attributions to discrimination among Black Canadians. *Journal of Black Psychology, 36*, 172-196.

Outten, H. R., Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2009). Coping options: Missing links between minority group identification and psychological well-being. *Applied Psychology*, 58, 146-170.

MANUSCRIPTS IN PREPARATION (*indicates Trinity student co-author)

*Birk, G., & **Outten, H. R.** (2021). *Political ideology and personality as predictors of COVID-19 related attitudes and behaviors*. Manuscript in preparation.

Outten, H. R., & *Dorsey II, P. B. (2021). *A single mother's marital status shapes evaluations of her character*. Manuscript in preparation.

*Ren, E., & **Outten, H. R.** (2021). *Political ideology, Covid-19 threat and evaluations of different nationalities*. Manuscript in preparation.

INVITED TALKS

Outten, H. R. (2019, April). *A cross-cultural examination of majority group members' reactions to impending demographic shifts*. Invited talk at the Department of Psychology, Clark University, Worcester, Massachusetts, United States.

Outten, H. R. (2018, April). *Majority group members' psychological responses to future demographic changes: Findings from the United States, Canada and Portugal*. Invited talk at the Department of Psychology, Connecticut College, New London, Connecticut, United States.

Outten, H. R. (2013, July). *How can we all just along? The psychology of diversity and intergroup contact*. Invited talk at the ISCTE Business School, Lisbon, Portugal.

Outten, H. R. (2012, January). *More than an individual effort: Group-based options for coping with discrimination affect well-being among historically disadvantaged groups*. Invited talk at the Department of Psychology, University of Massachusetts-Boston, Boston, Massachusetts, United States.

CONFERENCE SYMPOSIA & TALKS (*indicates Trinity student co-author)

Outten, H. R., *Lawrence, M. E., & *Lee, T. (2020, July). *Heterosexual cisgender women's support for trans women accessing women-only spaces depends on the degree to which they perceive trans women as a threat*. Paper accepted to 18th Biennial Conference of the International Society for Justice Research, Lisbon, Portugal. **[Postponed until 2021 due to the covid-19 pandemic]**

- Outten, H. R.**, *Lawrence, M. E., & *Lee, T. (2020, June). *Intergroup threat and support for trans women accessing women-only spaces*. Paper accepted to the 2020 Conference for the Society for the Psychological Study of Social Issues, Denver, Colorado, United States. **[Cancelled due to covid-19 pandemic]**
- Outten, H. R.**, Costa-Lopes, R., Schmitt, M. T., & Vala, J. (2016, July). *The psychological consequences of thinking about increased racial/ethnic diversity in the future: A cross-national investigation*. Paper presented at the 23rd Congress of the International Association for Cross-Cultural Psychology, Nagoya, Japan.
- Outten, H. R.**, & Schmitt, M. T. (2016, June). *Identification as a coping resource for gay men and lesbians*. Paper presented at the 2016 Conference for the Society for the Psychological Study of Social Issues, Minneapolis, Minnesota, United States.
- Outten, H. R.**, Costa-Lopes, R., & Schmitt, M. T. (2015, March). *The interplay between group identification and perceived inferiority: Implications for women's appraisals of options for coping with discrimination and well-being*. Paper presented at the 10th International Conference Woman in Culture: "Gender, Culture & Migration", Gdansk, Poland.
- Outten, H. R.**, & Schmitt, M. T. (2014, July). *Different coping for different folks? How group identification protects well-being among racial and sexual minorities*. Paper presented at the 17th General Meeting of the European Association of Social Psychology, Amsterdam, Netherlands.
- Outten, H. R.**, Schmitt, M. T., & Pinegar, S. (2014, July). *Glorifying the past or preferring current social hierarchies? Examining the link between traditionalism and prejudice*. Paper presented at the Annual Meeting of the International Society of Political Psychology, Rome, Italy.
- Giamo, L. S., Schmitt, M. T., & **Outten, H. R.** (2010, January). The influence of perceptions of discrimination and parental ethnicity on multiracial identity. In T. L. Pittinsky (Chair), *Check All That Apply: The Psychological Costs and Benefits of Adopting a Multiracial Identity*. Symposium conducted at the 11th annual meeting of the Society for Personality and Social Psychology, Las Vegas, Nevada, United States.
- Outten, H. R.**, Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2009, August). When coping, don't believe in yourself, believe in your group! In S. A. Haslam and J. M. Jones (Chairs), *The Social Cure: How Group Memberships Benefit Health and Well-Being*. Symposium conducted at the 117th annual American Psychological Association conference in Toronto, Ontario, Canada.

- Outten, H. R.,** Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2009, April). More than an individual effort: Examining the importance of intergroup coping options in alleviating the psychological harm associated with membership in a disadvantaged group. In C. Blatz (Chair), *Power Relations in the Cultural Mosaic: Majority and Minority Perspectives on the Intergroup Power Hierarchy*. Symposium conducted at the Western Psychological Association's 89th annual convention in Portland, Oregon, United States.
- Outten, H. R.,** Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2008, June). Linking identification and psychological well-being: Assessing group level appraisals. In D. Bleeker, C. van Laar and N. Ellemers (Chairs), *Disadvantaged Ingroups as a Resource for Ingroup Members*. Symposium conducted at the 7th Biennial Society for the Psychological Study of Social Issues conference in Chicago, Illinois, United States.

CONFERENCE POSTERS (*indicates Trinity student co-author)

- Outten, H. R.,** & *Ferguson, Z. (2019, February). *Americans' attributions about a mass shooting and its perpetrator: The role of the perpetrator's cultural background*. Poster presented at the 20th annual meeting of the Society for Personality and Social Psychology, Portland, Oregon, United States.
- *Lee, T., & **Outten H. R.** (2019, February). *Model minority myth salience heightens White Americans' negative perceptions of Black Americans and reduces their support for affirmative action policies*. Poster presented at the 20th annual meeting of the Society for Personality and Social Psychology, Portland, Oregon, United States.
- Outten, H. R.,** & *Dorsey II, P. B. (2018, March). *A single mother's marital status shapes impressions of her character*. Poster presented at the 19th annual meeting of the Society for Personality and Social Psychology of the Society for Personality and Social Psychology, Atlanta, Georgia, United States.
- *Lawrence, M. E., **Outten, H. R.,** & *Lee, T. (2017, January). *The interplay between cisgender women's gender identification and gender ideology in predicting distinctiveness threat and transphobia*. Poster presented at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.
- Outten, H. R.,** *Lawrence, M. E., & *Lee, T. (2017, January). *The role of gender ideology in cisgender women's psychological responses to bathroom bills*. Poster presented at the 18th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.
- Outten, H. R.,** & Schmitt, M. T. (2013, May). *Appraisals of group-based coping options as mediators of lesbian identity and well-being*. Poster presented at the 25th annual meeting of the Association for Psychological Science, Washington, D.C., United States.

- Outten, H. R.,** & Schmitt, M. T. (2012, January). *Coping collectively: Clarifying the relationship between perceived illegitimacy of discrimination and self-esteem among members of disadvantaged social groups*. Poster presented at the 13th annual meeting of the Society for Personality and Social Psychology, San Diego, California, United States
- Outten, H. R.,** Giamo, L. S., & Schmitt, M. T. (2011, June). *An inventory of group-based options for coping with discrimination: A preliminary investigation of factor structure*. Poster presented at the Canadian Psychological Association's 72nd annual convention in Toronto, Ontario, Canada.
- Giamo, L. S., **Outten, H. R.,** & Schmitt, M. T. (2011, January). *Developing a multidimensional measure of options for coping with discrimination*. Poster presented at the 12th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.
- Outten, H. R.,** Schmitt, M. T., & Miller, D. A. (2011, January). *Can growing diversity shift intergroup emotions and group identification? The role of intergroup threat appraisals*. Poster presented at the 12th annual meeting of the Society for Personality and Social Psychology, San Antonio, Texas, United States.
- Outten, H. R.,** & Schmitt, M. T. (2010, April). *Coping options and life satisfaction: The role of group status*. Poster presented at the Western Psychological Association's 90th annual convention in Cancun, Mexico.
- Outten, H. R.,** Schmitt, M. T., Miller, D.A., & Garcia, A. L. (2010, January). *The effects of perceived demographic changes on intergroup emotions and racial identification among Whites in North America*. Poster presented at the 11th annual meeting of the Society for Personality and Social Psychology, Las Vegas, Nevada, United States.
- Outten, H. R.,** Schmitt, M. T., Garcia, D. M., & Branscombe, N. R. (2008, February). *Linking identification and psychological well-being among African Americans: Assessing the role of coping appraisals*. Poster presented at the 9th annual meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico, United States.
- Outten, H. R.,** Pinegar, S., & Schmitt, M. T. (2007, May). *History shaping present beliefs? Perceptions of U.S. history and social dominance orientation as predictors of hierarchy-legitimizing beliefs*. Poster presented at the annual meeting of Northwest Cognition and Memory (NOWCAM), Burnaby, British Columbia, Canada.
- Outten, H. R.,** Lalonde, R. N., & Giguère, B. (2006, January). *Race does matter: The role of racial salience, race and racial identity in perceiving possible instances of discrimination*. Poster presented at the 7th annual meeting of the Society for Personality and Social Psychology, Palm Springs, California, United States.

Outten, H. R., Lalonde, R. N., & Giguère, B. (2005, April). *The role of racial salience, race and racial identity in perceiving possible instances of discrimination.* Poster presented at the 35th Ontario Psychology Undergraduate Thesis Conference, Peterborough, Ontario, Canada.

TEACHING EXPERIENCE @ TRINITY COLLEGE (# = number of times taught)

FYSM 103 – *Peculiar Beliefs & Behaviors* (1)
 PSYC 101 – *Introduction to Psychology* (9)
 PSYC 206 – *Environmental Psychology & Sustainability* (3)
 PSYC 226 – *Social Psychology* (3)
 PSYC 226-20 – *Social Psychology Lab* (3)
 PSYC 346 – *Intergroup Relations* (3)
 PSYC 384 – *Cultural Psychology* (4)

TEACHING CERTIFICATIONS

- 2011** Certificate in University Teaching and Learning program (CUTL)—senate approved course, September 6 – December 6, Simon Fraser University, Burnaby, British Columbia, Canada.
- 2011** Completed an Instructional Skills Workshop (ISW) on lecturing in university (received certificate of completion), August 24 – August 26, Simon Fraser University, Burnaby, British Columbia, Canada.

RESEARCH SUPERVISION & ADVISING @ TRINITY COLLEGE

Undergraduate Thesis Supervision

Elaine Ren (2020 – 2021). Title: *American identity and the symbolic threat of COVID-19 as determinants of attitudes toward the U.S., China and Chinese people.*

Gillian Birk (2020 – 2021). Title: *Political ideology and personality as predictors of COVID-19 related attitudes and behaviors.*

Samuel Muse (2017 – 2018). Title: *Do Trinity students involved in Greek life appraise themselves, others, Trinity College and society differently than non-Greeks do?*

Timothy Lee (2017 – 2018). Title: *Why can't you guys be like them? Model minority myth salience heightens White Americans' negative perceptions of Black Americans and reduces support for affirmative action.*

Zoe Ferguson (2017 – 2018). Title: *Americans' attributions about a mass shooting and its perpetrator: The role of the perpetrator's cultural background.*

Marcella Lawrence (2016 – 2017). Title: *The interplay between gender ideology, gender identity and distinctiveness threat in cisgender women's emotional responses toward trans women's acceptance into women's colleges.*

P.J. Dorsey (2016 – 2017). Title: *The effect of single mothers' marital status on sympathy, character evaluations, and maternity leave support.*

Independent Study Supervision

Timothy Lee (Spring 2018). Title: *At least they love us: Effects of the model minority myth and perpetual foreigner stereotype on collective action.*

Supervision of Research Assistants

Gillian Birk (Spring 2020)
Marcella Lawrence (Spring 2016, Summer 2016)
Timothy Lee (Spring 2016, Fall 2016)

Advising (2016 – present)

54 advisees including undeclared first and second-year students and psychology majors

COLLEGE & DEPARTMENTAL SERVICE @ TRINITY COLLEGE

Member, Faculty Research Committee (July 2019 – present)
Member, Jury Pool (July 2018 – present)
Member, Trinity College Super Committee—LITC Representative (July 2020 – December 2020)
Member, Library and Information Technology Committee (July 2020 – December 2020)
Faculty Advisor, Psychology Club (Fall 2017 – Spring 2018, Fall 2019 – Spring 2020)
Faculty Mentor, Minty Nest—Bantam Network (Summer 2016 – Spring 2018)
Psychology Department Representative, Research Education and Advisory Group (Spring 2016 – Spring 2017)

SERVICE TO THE FIELD

Member, Communications Advisory Board, *Society for Personality and Social Psychology* (2019 – 2020)
Reviewer, symposia submissions to the 2020 *Society for the Psychological Study of Social Issues Conference* (2020)
Reviewer, single presenter submissions to the 2019 *Society for Personality and Social Psychology Conference* (2018)

REVIEWER DUTIES

Consulting Editor, *Cultural Diversity & Ethnic Minority Psychology* (2019 – present)

Ad Hoc Journal Reviewer (# = number of times as an ad hoc reviewer)

British Journal of Social Psychology (1)
Cultural Diversity & Ethnic Minority Psychology (1)
Environment & Behavior (1)
European Journal of Social Psychology (1)
Group Processes and Intergroup Relations (2)
Journal of Applied Social Psychology (2)
Journal of Black Psychology (2)
Journal of Ethnic and Migration Studies (1)
Journal of Experimental Social Psychology (1)
Journal of Happiness Studies (1)
Personality and Social Psychology Bulletin (1)
Social Psychological and Personality Science (1)
Social Science Quarterly (1)
Social Sciences (1)

Ad Hoc Research Grant Reviewer

National Science Foundation grant proposals (2018)
ISCTE—Instituto Universitário de Lisboa PhD research fellowship applications (2015)

PROFESSIONAL AFFILIATIONS

Psi Chi (2018 – present)
International Association for Cross-Cultural Psychology (2016 – present)
Association for Psychological Science (2012 – present)
Society for the Psychological Study of Social Issues (2007 – present)
Society for Personality and Social Psychology (2005 – present)

PROFESSIONAL TRAINING

2009 The Summer Institute for Social and Personality Psychology (SISPP) class on *Emotions in Group and Intergroup Contexts* led by Dr. Ernestine Gordijn and Dr. Eliot Smith. Hosted by the *Society for Personality and Social Psychology* from July 12 –July 25 at Northwestern University, Evanston, Illinois, United States.

MEDIA COVERAGE

Vox. (2017, January 28). White fear of demographic change is a powerful psychological force: Increasing diversity could make America a more hostile place. <https://www.vox.com/science-and-health/2017/1/26/14340542/white-fear-trump-psychology-minority-majority>

REFERENCES

Dr. Jorge Vala, Professor,
Institute of Social Sciences,
University of Lisbon, Av. Professor Aníbal de
Bettencourt, 9 1600-189 Lisbon, Portugal
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Dr. Stephen C. Wright, Professor,
Department of Psychology
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Dr. Michael T. Schmitt, Professor,
Department of Psychology
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Dr. Richard N. Lalonde, Professor,
Department of Psychology
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ON, Canada M3J 1P3
Phone: (+1) 416-736-2100 ext.66281;
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