

Kevin MacDermott

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SUMMARY

Head Coach of Men's Rowing with extensive experience at collegiate, international & recreational levels. Record of consistently building successful teams & organizations. Results focused leader, manager, & instructor with multi-year track record of success for:

- Strategy Development & Execution
- Program Development & Administration
- Recruiting, Training & Personnel Development
- Building Cross-Functional Teams
- Performance Management
- Project Management
- Fund Raising & Resource Management
- Compliance

PROFESSIONAL EXPERIENCE

Head Coach of Men's Rowing, Trinity College, Hartford, CT

July 2009 - Present

Responsible for all aspects of program management and performance

- Develop and implement conditioning, strength-training, technical development, on-water training, and race preparation programs for all Varsity-level athletes
- Responsible for all regatta registration, participation and travel-related logistics
- Recruit, manage & develop a roster of thirty-five to forty athletes, boating four varsity-level crews
- Manage & develop one full-time assistant coach and two part-time volunteer assistant coaches
- Responsible for maintenance of fleet of sixteen rowing shells
- Responsible for all budgetary, fund-raising, and resource-management decisions for Men's rowing program
- Responsible for all NCAA and NESCAC compliance and eligibility issues for Men's rowing program

Instructor of Physical Education, Trinity College, Hartford, CT

July 2009 – Present

- Develop curriculum for undergraduate courses in physical education
- Courses taught:
 - o FYSM Food, Fitness, and the Journey to Self-Discovery
 - o Coaching Seminar
 - o Fitness I and Fitness II
 - o Recreational Rowing
- 2016-2017 CTL Fellowship – Trinity College Center for Teaching and Learning
 - o Project Title: *Applied Improvisation: Creative Collaboration in the Classroom*
- Creator and Host of the [Faculty Profile Podcast](#)
 - o Created in 2015, the Faculty Profile Podcast is an original long-form interview podcast featuring members of Trinity's faculty.
 - o Podcasts were recorded and produced in a collaborative creative partnership with The Mill.

Head Coach, United States Junior Men's National Rowing Team

November 2010 – August 2011

Responsible for all aspects of program management and performance

- Developed and implement on-water technique and fitness program for the forty best high school oarsmen in the United States
- Responsible for selection of four crews (eight with coxswain; four with coxswain; four without coxswain; pair without coxswain) to compete at the Junior World Rowing Championships

- Organized nine regional Identification Camps throughout the United States to identify rowing talent
- Responsible for all budgetary, fund-raising, and resource-management decisions for USA Jr. Rowing team
- Managed a staff of five assistant coaches and three interns
- Responsible for travel, housing, and dining logistics for traveling party of thirty people during two-week regatta in Eton, UK

Associate Director & Head Coach, Craftsbury Sculling Center, Craftsbury, VT May 2003 – Present

- Manage and develop programs for a wide-range of ability levels and age ranges
- Coordinate with the Director of Sculling to implement structural changes, including program scheduling and content
- Recruit potential coaches and athletes to the program
- Supervise coaching staff and coordinate the athletes involved in the sculling program during week (five-day) and weekend (two-day) sessions (weekend sessions consist of thirty athletes and six coaches; week sessions consist of forty athletes and eight coaches)
- Organize and implement on-water training, strength-training sessions, video review sessions, rigging talks and ergometer sessions
- Coached approximately four hundred athletes and supervised twenty-five to thirty coaches annually since 2003, including beginning, intermediate, advanced, and elite-level athletes, and athletes ranging from ages nine to eighty-one

Assistant Coach of Men's Rowing, Trinity College, Hartford, CT August 2006 – June 2009

Primary responsibilities include: recruiting all prospective student-athletes; coaching all first-year athletes; head of boathouse maintenance

- Maintained prospective student-athlete database (185 prospects for Class of 2010; 207 prospects for Class of 2012; 221 prospects for Class of 2013)
- Made initial and follow-up contact with all potential student-athletes, as well as applicants' parents, guidance counselors, and high school coaches
- Served as liaison between the Men's Rowing office and the Admissions Office at Trinity College, which requires compiling, organizing, and presenting each applicants academic and athletic credentials
- Developed and implemented conditioning and strength-training, technical development, on-water training, and race preparation programs for all first-year rowers
- Prepared three boats for competition in the 2008 Henley Royal Regatta, including two four-man boats and the two-man crew
- Assisted the head coach in all aspects of the Henley Royal Regatta trip
- Maintained organization and cleanliness of the boathouse and of the external grounds of the property

Application Reviewer, Wesleyan University, Office of Admissions November 2005 – February 2009

- Review and rate applications for Regular Decision pool of applicants to Wesleyan University
- Reviewed and rated over 1450 applications throughout four annual admissions cycles

Assistant Coach of Men's Crew, Wesleyan University September 2002 – July 2006

- Assisted Head Coach in all aspects of team's organization, including recruiting and coaching both novice and experienced high school rowers, discussing coaching strategy, maintaining boathouse, repairing boats, scheduling on-and off-water training, and administrative duties
- Coached junior-varsity crews which had a 33-6 record in regular season racing from 2003 to 2006. Men's Crew results at New England Rowing Championship during employment at Wesleyan: Varsity 8+ (1st place, 2004; 4th place, 2006), 2V8+ (2nd place, 2004; 3rd place, 2005, 2006), Varsity 4+ (3rd place, 2003)

Shell Repair Worker, Klinger Engineering, Northampton, MA November 2004 – August 2005

- Repaired major and minor damage (breaks, buckles, scratches, dents, punctures, bow and stern replacements, repainting, etc.) and maintained composite rowing shells
- Utilized pre-preg, resin infusion, and wet lay-up processing for repair of Kevlar, carbon fiber, and fiberglass shells

Assistant Coach, Riverfront Recapture Inc., Hartford, CT **September 2002 – August 2004**

- Coached the Summer Youth Program aimed at exposing inner-city adolescents to rowing
- Coached competitive Masters and High School sweep rowers
- Assisted in organizing the club's recreational sweep rowing and sculling program

Student Liaison, Wesleyan University, Office of International Students **September 2001 – May 2002**

- Served as liaison between international and non-international student populations, organizing events attended by both groups
- Awarded "Dean's Recognition Award for Excellent Service"

Additional Coaching Experience

- Private Individual Sculling Instruction, Fall 2002 – Present
- Wesleyan University Adult Fitness Program, Indoor Rowing for Fitness, Winter 2006
- Wesleyan University, Office of University Relations Crew, Summer 2004

TEAM LEADERSHIP RESULTS AND AWARDS

2013 NESCAC Men's Rowing Coach of the Year **Awarded May 2013**

- Awarded Coach of Year honors for team performance during 2012-13

ECAC Rowing Trophy **Awarded in 2010 and 2013**

- Given annually to the ECAC College or University men's and women's rowing programs that best demonstrate the core values of the ECAC, (tradition, diversity and service), along with success at the premier Eastern Championship Regattas.

Men's Team Champions ECAC Championship Regatta **Awarded in 2010 and 2012**

- Overall Men's Team Championship is awarded to the highest performing team at the ECAC Championship Regatta

Men's Team Champions New England Rowing Championship Regatta **Awarded in 2010, 2011, 2012, 2013**

- Overall Men's Team Championship is awarded to the highest performing team at the New England Rowing Championship Regatta

EDUCATION

Wesleyan University, Middletown, CT

Bachelor of Arts, May 2002

PROFESSIONAL CERTIFICATIONS

USRowing Level III Coaching Certification, December 2005

- Highest coaching education level recognized by USRowing, the sport's governing body in America
- Requires expertise in coaching methodology, athlete development, exercise physiology, safe-boating practices, and technical development pertinent to rowing and sculling

State of Connecticut Safe Boater's License, June 2002

- United States Coast Guard administered course
- Includes endorsement of State of Connecticut Certificate of Personal Watercraft Operation

American Red Cross CPR/AED for the Professional Rescuer, Renewed Annually

- Includes care for respiratory and cardiac emergencies, two-rescuer CPR, resuscitation, the use of the automated external defibrillator and bag-valve mask.