

Lewis J. Acquarulo

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OBJECTIVE

To obtain a head football coach position where I can utilize my experience in football program development, in addition to my expertise in recruiting, staff management and fundraising, in order to have a direct role in the unlimited growth and success of Williams College student-athletes.

EXPERIENCE

Assistant Professor of Physical Education

Associate Head Football Coach

Trinity College, Hartford, CT

2005-Present

Football

- Defensive Coordinator – Generate play book, create defensive practice plans and scripts, evaluation of our scheme and individual players for all practice and game film.
- Oversee the research, creation, and completion of all weekly game plans.
- Conduct meetings with the whole unit, along with position groups. Teach the weekly game plan, while preparing the unit for the specific scheme of our opponent.
- Oversee drill and team aspects of practice.
- Kick Team Coordinator – responsible for all aspects of both the Punt and Kickoff unit, including generation of playbook, practice plans, film evaluation, and weekly game plans.
- Academic Coordinator – oversee an extensive academic system for the football team including staff management, faculty liaisons, and writing tutors.
- Equipment Liaison – point person for all equipment related needs including communicating with equipment room staff while staying within budget parameters.
- Recruiting – responsible for recruiting numerous 1st Team All- League players, Scholar Athlete Award winners, and League Players of the Year. Play an integral role during recruiting visits showcasing the College, the coaching staff, and the football program as the Associate Head Coach.

Campus Service

- Assistant Professor of Physical Education – develop curriculum, course descriptions, and syllabi for Squash and Strength and Conditioning classes for undergraduate students. Currently teaching Squash I and Squash II in the second semester.
- Game operations manager for numerous sports over the years. Currently the game operations manager for our Division III National Champion Men's Ice Hockey team. Tournament Director for both league and NCAA playoff contests.
- Acting member of the Retention Team – monitor and mentor minority students in order to retain these students at the College.

- Member of the President’s Task Force on Sexual Assault Education – worked with faculty, staff, and students on a committee to promote social and ethical changes regarding sexual violence on campus.
- Founder of the Male Ambassadors Club. Attempted to begin a club for male student’s promoting the prevention of sexual assault.

Results

- #1 Defense in conference 7 of 11 years
- Defensive Player of the Year in conference 5 of 11 years
- 42-2 on our home field over 11 years
- 1st Team All-League Punter 4 straight years
- Continuously receive excellent evaluations from my undergraduate Squash students.
- Retained our minority students including a high percent of student-athletes
- Trinity Football has enjoyed a team GPA consistently above a 2.9 and most recently a 3.1
- The reporting of sexually violent acts has increased on campus

**Assistant Coach, Defensive Coordinator
University of Rochester, Rochester, NY**

2001-2005

Football

- Defensive Coordinator – Generate play book, create defensive practice plans and scripts, evaluation of our scheme and individual players for all practice and game film.
- Oversee the research, creation, and completion of all weekly game plans.
- Conduct meetings with the whole unit, along with position groups. Teach the weekly game plan, while preparing the unit for the specific scheme of our opponent.
- Oversee drill and team aspects of practice.

Campus Service

- Strength and Conditioning Coordinator – Oversaw the scheduling and use of the Varsity Weight Room for Athletes. This includes working with the athletic staff to schedule their specific sports, purchase new equipment, and assist in generating sport specific work out programs.
- Game operations manager for numerous sports.
- Athletic Van Liaison – Coordinate the use of athletic vans for field trips and contests. This includes scheduling, prioritizing usage, and adhering to maintenance schedules.
- Team Travel Coordinator – Responsible for all aspects of travel for the football team, including airline flights, bus service, hotel stays, and meals.

**Assistant Coach, Special Teams Coordinator
University of Pennsylvania, Philadelphia, PA**

1999-2001

Football

- Outside Linebackers Coach
- Special Teams Coordinator - responsible for all aspects of Special Teams, including generation of play book, practice plans, film evaluation, and weekly game plans.

Campus Service

- Event manager for Men's Basketball contests
- Escort for Elite Athletes at the PENN Relays

Assistant Coach, Special Teams Coordinator
Southern Connecticut State University, New Haven, CT

1997 –1999

Football

- Inside Linebackers Coach
- Special Teams Coordinator - responsible for all aspects of Special Teams, including generation of playbook, practice plans, film evaluation, and weekly game plans.

Campus Service

- Strength and Conditioning Coordinator – Manage all aspects of the football strength program, teaching proper techniques, generating workout plans, and coordinating winter conditioning.
- Game operations manager for numerous sports.
- Facility monitor for the Moore Fieldhouse.
- Team Travel Coordinator – Responsible for all aspects of travel for the football team, including bus service, hotel stays, and meals.

Assistant Coach
Union College, Schenectady, NY

1994- 1997

Football

- Defensive Line/Outside Linebackers Coach
- Special Teams assistant

Campus Service

- Weight room manager
- Assistant Rink Maintainer
- Staff representative for most on campus football activities

PROFESSIONAL AFFILIATIONS

American Football Coaches Association (committee member)

Certified in CPR and AED usage by the American Red Cross

Contributing writer for AFCA Summer Manual, American Football Quarterly, X and O Labs

EDUCATION

Masters of Arts, American Studies, June 2011

Trinity College, Hartford, CT

Bachelor of Science, Economics, May 1994

Union College, Schenectady, NY