

Curriculum Vitae

Laura J. (Vangsness) Holt, Ph.D.

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Trinity College
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Hartford, CT 06106

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EDUCATION & LICENSURE

Licensed Psychologist, State of Connecticut (#003006)

Rutgers University: Piscataway, NJ

Ph.D. in Clinical Psychology (2007)

Dissertation: *Enhancing school engagement in urban, minority youth through a school-based adult mentoring intervention*

M.S. in Psychology (2004)

Trinity College: Hartford, CT

B.A. with Faculty Honors and Honors in Psychology (2000)

Instituto Internacional, Madrid, Spain (1998)

TEACHING POSITIONS

2016 – present **Associate Professor of Psychology**

2008 – 2016 **Assistant Professor of Psychology**

Trinity College, Hartford, CT

2003 – 2004 **Instructor**

Rutgers University

GRANTS AWARDED

National Institutes of Health/National Institute on Drug Abuse R34 Clinical Trial Planning
Grant. Role: PI (\$551,000) (2020-2023)

Faculty Research Grant, Trinity College (\$4000) (2019-21)

Faculty Research Grant, Trinity College (\$3995) (2014-15)

Community Learning Course Development Grant (2013, 2008)

CLINICAL AND RESEARCH TRAINING

2007-2008 **Postdoctoral Resident in Clinical Psychology**

VA Connecticut Healthcare System: Newington & West Haven, CT

Yale University School of Medicine (Research Associate)

2006-2007 **Predoctoral Intern in Clinical Psychology**

Division of Substance Abuse: Yale University School of Medicine,

Department of Psychiatry: New Haven, CT

- 2005-2006 **Project Coordinator**
National Institute on Drug Abuse funded “Rutgers Transdisciplinary Prevention Research Center”
Trenton Central High School: Trenton, NJ
- 2004-2006 **Clinician**
Program for Addictions Consultation and Treatment: Piscataway, NJ
- 2003-2006 **Clinician**
The Psychological Clinic at Rutgers University: Piscataway, NJ
- 2005 **Clinician**
Behavior Therapy Associates: Somerset, NJ
- 2000-2002 **Research Coordinator, Behavioral Health**
Joslin Diabetes Center, Harvard Medical School: Boston, MA

PUBLICATIONS

Articles in refereed journals (*=student co-author)

Holt, L.J., Schepis, T.S., Looby, A., Marsh, E. *, Marut, P. *, & Feinn, R. (in press). How to say “no” most effectively: Evaluating resistance strategies for prescription stimulant diversion to inform preventive interventions. *Journal of American College Health*.

Holt, L.J., & McCarthy, M.D.* (2020). Predictors of prescription stimulant misuse in US college graduates. *Substance Use & Misuse*, 55(4), 644-657.

Holt, L.J., Marut, P.N. *, & Schepis, T.S. (2018). Pursued for their prescription: Exposure to compliance-gaining strategies predicts stimulant diversion in emerging adults. *Psychology of Addictive Behaviors*, 32(1), 122-131.

Holt, L.J., & Looby A. (2018). Factors that differentiate prescription stimulant misusers from those at-risk for misuse: expectancies, perceived safety, and diversion. *Substance Use and Misuse*, 53(7), 1068-1075.

Holt, L.J., Mattanah, J., & Long, M.W.* (2018). Change in parental and peer relationship quality during emerging adulthood: Implications for academic, social, and emotional functioning. *Journal of Social and Personal Relationships*, 35(5), 743-769.

Holt, L.J., & Fifer, J.E.* (2018). Peer mentor characteristics that predict supportive relationships with first-year students: Implications for peer mentor programming and first-year student retention. *Journal of College Student Retention: Research, Theory, & Practice*, 20(1), 67-91.

Holt, L.J., Mattanah, J.F., Schmidt, C.K., Daks, J.S., Brophy, E.N. *, Minnaar, P.Y. *, & Rorer, K.S.* (2016). Effects of relationship education on emerging adults’ relationship beliefs and behaviors. *Personal Relationships*, 23, 723-741.

- Sullivan, T.P., Flanagan, J.C., Dudley, D.N., **Holt, L.J.**, Mazure, C.M., & McKee, S.A. (2015). Correlates of smoking status among women experiencing intimate partner violence: Substance use, posttraumatic stress, and coping. *The American Journal on Addictions, 24*, 546-553.
- Holt, L.J.**, & Lopez, M.J.* (2014). Characteristics and correlates of supportive peer mentoring: A mixed methods study. *Mentoring & Tutoring: Partnership in Learning, 22*, 415-432.
- Holt, L.J.** (2014). Help-seeking and social competence mediate the parental attachment-college student adjustment relation. *Personal Relationships, 21*, 640-654.
- Holt, L.J.** (2014). Attitudes about helping-seeking mediate the relation between parent attachment and academic adjustment in first-year college students. *Journal of College Student Development, 55*, 418-423.
- Holt, L.J.**, Armeli, S., Tennen, H., Austad, C.S., Raskin, S.A., Fallahi, C.R., Wood, R., Rosen, R.I., Ginley, M.K., & Pearlson, G.D. (2013). A person-centered approach to understanding negative reinforcement drinking among first-year college students. *Addictive Behaviors, 38*, 2937-2944.
- Holt, L.J.**, Litt, M.D., & Cooney, N.L. (2012). Prospective analysis of early lapse to drinking and smoking among individuals in concurrent alcohol and tobacco treatment. *Psychology of Addictive Behaviors, 26*, 561-572.
- Holt, L.J.**, & Berwise, C.A.* (2012). Illuminating the process of peer mentoring: An examination and comparison of peer mentors' and first-year students' experiences. *Journal of the First-Year Experience and Students in Transition, 24*, 19-43.
- Sullivan, T.P., Titus, J.A., **Holt, L.J.**, Swan, S.C., Fisher, B.S., & Snow, D.L. (2010). Does the inclusion criterion of women's aggression as opposed to their victimization result in samples that differ on key dimensions of intimate partner violence? *Violence Against Women, 16*, 84-98.
- Holt, L.J.**, O'Malley, S.S., Rounsaville, B.J., & Ball, S.A. (2009). Depressive symptoms, drinking consequences, and motivation to change in first time DWI offenders. *The American Journal of Drug and Alcohol Abuse, 35*, 117-122.
- Holt, L.J.**, Bry, B.H., & Johnson, V.L. (2008). Enhancing school engagement in at-risk urban, minority youth through a school-based adult mentoring intervention. *Child & Family Behavior Therapy, 30*, 297-318.
- Johnson, V.L., **Holt, L.J.**, Bry, B.H., & Powell, S.R. (2008). Effects of an integrated preventive intervention on urban youth transitioning into high school. *Journal of Applied School Psychology, 24*, 225-246.
- Sullivan, T.S., & **Holt, L.J.** (2008). PTSD symptom clusters are differentially related to substance use among community women exposed to intimate partner violence. *Journal of Traumatic Stress, 21*, 173-180.
- Vangsness (Holt), L.**, Bry, B.H., & Labouvie, E.W. (2005). Impulsivity, negative expectancies, and marijuana use: A test of the acquired preparedness model. *Addictive Behaviors, 30*, 1071-1076.

Laffel L.M., Connell A., **Vangsness L.**, Goebel-Fabbri A., Mansfield A., & Anderson B.J. (2003). General quality of life in youth with type 1 diabetes: relationship to patient management and diabetes-specific family conflict. *Diabetes Care*, *26*, 3067-3073.

Laffel L.M., **Vangsness L.**, Connell A., Goebel-Fabbri A., Butler D., & Anderson B.J. (2003). Impact of ambulatory, family-focused teamwork intervention on glycemic control in youth with type 1 diabetes. *Journal of Pediatrics*, *142*, 409-416.

Anderson B.J., **Vangsness L.**, Connell A., Butler D., Goebel-Fabbri A., & Laffel L.M. (2002). Family conflict, adherence, and glycaemic control in youth with short duration Type 1 diabetes. *Diabetic Medicine*, *19*, 635-642.

Goebel-Fabbri, A.E., Fikkan, J.L., Connell, A., **Vangsness, L.**, & Anderson, B.J. (2002). Identification and treatment of eating disorders in women with type 1 diabetes mellitus. *Treatments in Endocrinology*, *1*, 155-162.

Book chapters

Holt, L.J., Kranitz, L.S., & Cooney, N.L. (2009). Individualized problem assessment I: Assessing cognitive and behavioral factors. In P. Miller (Ed.), *Evidence-based addiction treatment* (pp.119-137). San Diego, CA: Elsevier.

Kranitz, L.S., **Holt, L.J.**, & Cooney, N.L. (2009). Individualized problem assessment II: Assessing clients from a broader perspective. In P. Miller (Ed.), *Evidence-based addiction treatment* (pp.139-155). San Diego, CA: Elsevier.

Book reviews

Paul, H.A., & **Vangsness, L.** (2006). Review of 'Intimacy, change, and other therapeutic mysteries.' *Child and Family Behavior Therapy*, *28*, 77-82.

Professional presentations and invited lectures (*=student co-author)

Kong, G., Cristello, J.V., Grube, J.W., Halpern-Felsher, B., **Holt, L.J.**, & Weiner, A. (2020, August). Motives for E-Cigarette Use among Emerging Adults. Paper presented virtually at the *American Psychological Association Convention*.

Holt, L.J. & McCarthy, M. (2019, October). Predictors of Prescription Stimulant Misuse in U.S. College Graduates. Paper presented at the *9th Meeting of the Society for the Study of Emerging Adulthood*, Toronto, Canada.

Holt, L.J. (2019, October). Teaching Engaged Scholarship at the Undergraduate Level to Promote an Expanded View of Emerging Adulthood. Paper presented at the *9th Meeting of the Society for the Study of Emerging Adulthood*, Toronto, Canada.

Holt, L.J., Schepis, T.S., Looby, A., Marsh, E. *, & Marut, P.* (2019, April). Racial/ethnic differences in Prescription Stimulant Misuse, its Correlates, and ADHD-Related Stigma. Poster presented at the *Collaborative Perspectives on Addiction Meeting*, Providence, RI.

Holt, L.J., Schepis, T.S., & Looby, A. (2018, November). How to Best Say “No”: Evaluating Resistance Strategies for Prescription Stimulant Requests. Symposium given at the 52nd Conference for the *Association for Behavioral and Cognitive Therapies*, Washington, D.C.

Holt, L.J., Marut, P.N.*, & Schepis, T.S. (2017, November). Pursued For Their Prescription: Predictors of Prescription Stimulant Diversion among Emerging Adults with ADHD. Symposium given at the 8th *Meeting of the Society for the Study of Emerging Adulthood*, Washington, D.C.

Holt, L.J. (2017, August). Teaching Addiction Science at the Undergraduate Level: Fostering Empathy and Dispelling Myths. Symposium given at the 125th Convention of the *American Psychological Association*, Washington, D.C.

Holt, L.J., Looby, A., Ballard, A.*, Hightower, T.*, Kittleson, S.*, & Thune, E.* (2016, October). Preventing and reducing non-medical prescription stimulant use: Effects of a group motivational enhancement intervention. Poster presented at the 50th Annual Meeting of the *Association for Behavioral and Cognitive Therapies*, New York, NY.

Looby, A., **Holt, L.J.,** Engle, D.*, Haugen, A.*, Heppner, B.*, & Ballard, A.* (2015, November). Efficacy of a group-based motivational interviewing intervention to prevent and reduce nonmedical prescription stimulant use among college students. Poster presented at the 49th Annual Meeting of the *Association for Behavioral and Cognitive Therapies*, Chicago, IL.

Holt, L.J., Mattanah, J., Schmidt, C.K., Daks, J., Brophy, E.*, Rorer, K.*, & Delguercio, A.* (2015, October). Promoting psychological well-being in emerging adults through relationship education. Paper presented at the 7th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Miami, FL.

Holt, L.J., Looby, A., Engle, D.*, Ballard, A.*, Haugen, A.*, & Heppner, B.* (2015, October). Preventing and reducing non-medical prescription stimulant use: Effects of a group motivational enhancement intervention. Paper presented at the 7th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Miami, FL.

Holt, L.J. & Fifer, J.* (2014, March). Predictors of supportive peer mentor relationships: Mentor attachment, personality, and self-efficacy. Poster presented at the Annual Meeting of the *Eastern Psychological Association*, Boston, MA.

Holt, L.J. (Symposium Chair), Mattanah, J., & Garmon, L. (2013, October). Attachment in emerging adulthood: Mechanisms of influence on college adjustment and romantic relationships. Symposium presented at the 6th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Chicago, IL.

Holt, L.J. (2013, June). A person-centered approach to understanding negative reinforcement drinking. Invited lecture at the *Yale University School of Medicine: Division of Prevention and Community Intervention*.

Holt, L.J. & Phillips, G.* (2012, October). Inter- and intrapersonal predictors of sense of school belonging in first-year college students. Paper presented at the Annual Meeting of the *New England Psychological Association*, Worcester, MA.

Holt, L.J. (2011, October). Attitudes about helping-seeking mediate the relation between parent attachment and adjustment in first-year college students. Paper presented at the 5th Annual Meeting of the *Society for the Study of Emerging Adulthood*, Providence, RI.

Holt, L.J., Armeli, S. Tennen, H., Raskin, S.A., Austad, C.S., Wood, R., Fallahi, C.R., Rosen, R.I., Ginley, M.K., & Pearlson, G.D. (2011, June). Do life events and social support moderate the risk of problem drinking in young adults with symptoms of depression and anxiety? Poster presented at the 34th Annual Meeting of the *Research Society on Alcoholism*, Atlanta, GA.

Cooney, N.L., **Holt, L.J.**, & Litt, M.D. (2011, June). Prospective analysis of early lapse to drinking and smoking among individuals in concurrent alcohol and tobacco treatment. Poster presented at the 34th Annual Meeting of the *Research Society on Alcoholism*, Atlanta, GA.

Holt, L.J. (2010/2011/2014/2016, October). Behavioral analysis techniques in cognitive-behavioral therapy. Invited lectures at the *University Connecticut School of Social Work*.

Holt, L.J. (2010, November). Community learning: Insights and lessons learned. Invited Common Hour presentation at *Trinity College*.

Bry, B.H., **Holt, L.J.**, Clarke, L., & Johnson, V. (2009, June). Prevention Practitioner-Researcher Collaboration: Advantages for University-based Researchers. Symposium presented at the 12th Biennial Conference of the *Society for Community Research and Action*, Montclair, NJ.

Holt, L.J. (Symposium Chair), Bry, B.H., & Johnson, V. (2009, May). Relationship Matters in Mentoring Relationships: Associations between Mentors' and Mentees' Perceptions of Relationship Quality and Mentees' Academic and Developmental Outcomes. Symposium presented at the 17th Annual Meeting of the *Society for Prevention Research*, Washington, D.C.

Holt, L.J., & Kranitz, L.S. (2008, April). Pulling from the abyss: Motivating smokers to quit after a relapse. Training presented at *Building Tobacco-Free Communities*, Waterbury, CT.

Holt, L.J., O'Malley, S.S., Rounsaville, B.J., & Ball, S.A. (2007, November). Pretreatment depressive symptoms and intervention outcomes in first-time DWI offenders. Poster presented at the *Association for Behavioral and Cognitive Therapies*, Philadelphia, PA.

Sullivan, T.P., & **Holt, L.J.** (2007, November). The relationship between partner-violence PTSD symptom clusters and substance use in community women. Paper presented at *The International Society for Traumatic Stress Studies*: Baltimore, MD.

Holt, L.J., Ball, S.A., Rounsaville, B.J., & O'Malley, S.S. (2007, July). Longitudinal relationships among depression, drinking, and drinking problems in first-time DWI offenders. Poster presented at the *Research Society on Alcoholism*: Chicago, IL.

Vangsness, L., & Bry, B.H. (2005, November). Enhancing self-efficacy, decision-making skills, and academic achievement in minority adolescents at risk for high school dropout: Results of a randomized controlled trial. Poster presented at the *Association for Behavioral and Cognitive Therapies*: Washington, D.C.

Vangsness, L., Bry, B.H., & Urga, P.A. (2004, November). Impulsivity, expectancies, and marijuana use in a college population. Poster presented at the *Association for Advancement of Behavior Therapy*: New Orleans, LA.

Bry, B.H., Urga, P., **Vangsness, L.,** & Pugh, L. (2004, July). Collaborative development of prevention trial manual, competence, and adherence measures. Presentation at the *Annual Convention of the American Psychological Association*: Honolulu, Hawaii.

Vangsness, L., Bry, B.H., & Urga, P.A. (2004, June & 2005, November, respectively). Impulsivity, expectancies, and alcohol use in a college sample. Poster presented at the *Research Society on Alcoholism*: Vancouver, Canada and the *NIAAA Trainee Workshop*: Indianapolis, Indiana.

Vangsness, L., & Bry, B.H. (2004, May). Relationship between impulsivity, alcohol and marijuana expectancies, and substance use in young adults: Implications for theory and preventive interventions. Poster presented at the *Society for Prevention Research*: Quebec City, Canada.

UNDERGRADUATE RESEARCH SUPERVISION

Senior Theses

Clara Pingeon, '20 "HOW DO PERSONALITY AND THE MEDIA SHAPE PERCEIVED RISKS AND BENEFITS OF E-CIGARETTES?"

Carolyn Najarian, '20 "THE EFFECTS OF SOCIAL INFLUENCE AND PEER PRESSURE ON EMERGING ADULTS' VAPING"

Megan McCarthy, '19, "PREDICTORS OF PRESCRIPTION STIMULANT MISUSE IN COLLEGE GRADUATES"

Joanne Chambers, '19, "RACIAL/ETHNIC IDENTITY EXPRESSION AT TRINITY COLLEGE: P.R.I.D.E. AS A PSYCHOLOGICAL BUFFER"

Eliza Marsh, '18, "EFFICACY OF REFUSAL STRATEGIES FOR PRESCRIPTION STIMULANT REQUESTS"

Annabel Stanley, '18, "ALCOHOL USE IN STUDENT ATHLETES: THE INFLUENCE OF INJUNCTIVE NORMS, TRAIT URGENCY AND COMPETITIVENESS"

Kayla O'Connor, '18, "THE INFLUENCE OF PROTECTIVE BEHAVIORAL STRATEGIES, COACH MANAGEMENT STRATEGIES, AND PLAYER-COACH RELATIONSHIP ON ATHLETES' ALCOHOL BEHAVIORS: A MIXED-METHODS STUDY"

Ali Chalfin, '17 "THE ROLE OF FAMILY DYNAMICS IN A PREVENTIVE INTERVENTION STUDY FOR CHILDHOOD ANXIETY"

Paige Marut, '17 "PURSUED FOR THEIR PRESCRIPTION: PRESCRIPTION STIMULANT DIVERSION AMONG COLLEGE STUDENTS WITH ADHD WHO ARE APPROACHED FOR THEIR MEDICATION"

Jade Lee, '17 "A PRELIMINARY INVESTIGATION OF CONNECTING THROUGH LITERACY INCARCERATED PARENT AND THEIR CHILDREN: ASSESSING THE EXPERIENCES OF CHILD PARTICIPANTS"

Lyndsay Brattan, '16 "FACTORS THAT AFFECT ENGAGEMENT IN A YOUTH VIOLENCE PREVENTION PROGRAM"

Tyler Hightower, '16 "PREVENTING AND REDUCING NON-MEDICAL PRESCRIPTION STIMULANT USE: AN INTERVENTION STUDY"

Katherine Rorer, '15 "THE EFFECTS OF RELATIONSHIP EDUCATION ON COLLEGE STUDENTS' NEGATIVE AFFECT, RELATIONSHIP BELIEFS, AND RISKY SEXUAL BEHAVIOR"

Dana Engle, '15 "PREVENTING AND REDUCING NON-MEDICAL PRESCRIPTION STIMULANT USE IN COLLEGE STUDENTS THROUGH A GROUP MOTIVATIONAL INTERVIEWING INTERVENTION"

Michelle Long, '15 "LONGITUDINAL INVESTIGATION OF PARENT AND PEER ATTACHMENT AND THEIR RELATION TO COLLEGE ADJUSTMENT, SUBSTANCE USE, AND RISKY SEXUAL BEHAVIOR."

Henry Eff, '14 "THE CONTENT AND MALLEABILITY OF COLLEGE STUDENTS' PERCEPTIONS OF NON-MEDICAL PRESCRIPTION STIMULANT USE"

Constance Minot, '14 "PSYCHOLOGICAL AND DEMOGRAPHIC PREDICTORS OF NON-MEDICAL PRESCRIPTION STIMULANT EXPECTANCIES AND USE IN TRINITY COLLEGE STUDENTS"

Rachel Reingold, '14 "AN EXPLORATORY STUDY OF COLLEGE STUDENTS' ATTITUDES ABOUT ECSTASY."

Maria Young, '14 "COLLEGE STUDENTS' PERCEIVED RISKS OF ECSTASY USE AND THE STATE OF ECSTASY PREVENTION"

Michael Benson, '13 (Dina Anselmi, Co-Advisor) "EFFECTS OF PERCEIVED OPPORTUNITY AND EGO DEPLETION ON COLLEGIATE ACADEMIC MISCONDUCT"

Jasmine Washington, '13 (Randolph Lee, Co-Advisor) "THE RELATIONS AMONG PSYCHOLOGICAL AND DEMOGRAPHIC FACTORS IN INDIVIDUALS WITH LOWER LIMB AMPUTATION"

Jenny Ley '12 (Dina Anselmi, Co-Advisor) "THE EFFECTS OF A SCHOOL-BASED ARTS PROGRAM ON YOUTHS' SOCIAL, PERSONAL, AND ACADEMIC FUNCTIONING"

Geraldine Fernandez '12 (Dina Anselmi, Co-Advisor) "DYSFUNCTIONAL BELIEFS, ADHD SYMPTOMS, AND EARLY DEVELOPMENTAL INFLUENCES AS PREDICTORS OF SYMPTOM SEVERITY IN COMPULSIVE HOARDING AND OBSESSIVE COMPULSIVE DISORDER"

Jasmine Owarish-Gross '12 "DO GENDER AND RELATIONSHIP COMPOSITION AFFECT COLLEGE STUDENTS' PERCEPTIONS OF DOMESTIC VIOLENCE SEVERITY?"

Jamie Callahan '11 (Carol Shilliday, Co-Advisor) "RELATIONS AMONG PARENT AND PEER ATTACHMENT, EMOTION REGULATION, SELF-ESTEEM, AND RISKY BEHAVIOR IN FIRST-YEAR COLLEGE STUDENTS"

Benjamin Gascoigne '10 (Dina Anselmi & David Reuman, Co-Advisors) "THE EFFECT OF STUDENT PERCEPTIONS OF TEACHER FEEDBACK ON MOTIVATIONAL VARIABLES FOR LEARNING"

Lindsay Nyce '10 (Dina Anselmi & David Reuman, Co-Advisors) "PERCEIVED MODIFIABILITY OF QUANTITATIVE REASONING AND SELF-EFFICACY IN COLLEGE STUDENTS"

Erika Klotz '10 (Dina Anselmi & David Reuman, Co-Advisors) "MOTIVATED TO ACHIEVE: IMPROVING ACADEMIC ACHIEVEMENT BY ENHANCING STUDENTS' SELF-EFFICACY BELIEFS"

SERVICE TO THE COLLEGE

Member, Institutional Review Board (2019-present)
 Member, Center for Hartford Engagement and Research Working Group (2010-present)
 Member, New Faculty Orientation Committee (2010-present)
 Faculty Liaison to Study Away Program in Buenos Aires (2017-present)
 Faculty Advisor, *Psi Chi*, The National Honor Society in Psychology (2013-present)
 Coordinator, First-Year Academic Mentor Training and Supervision (2014-2019)
 Faculty Liaison to the Women's Lacrosse Team (2017-present)
 Member, Faculty Conference (2013-2016)
 Center for Teaching and Learning New Faculty Seminars (2009-2010)

SERVICE TO THE COMMUNITY

Hartford Data Collaborative: Data Oversight Committee (2018-present)
 Clean Slate Educational Foundation Board (2017-2018)
 Trinity College Community Child Center Board (2011-2017)

PROFESSIONAL MEMBERSHIPS & LEADERSHIP

Society for the Study of Emerging Adulthood: Substance Use & Abuse Topic Network Chair
 Addiction Psychology, Division 50 of the American Psychological Association
 American Psychological Association
 Association for Behavioral and Cognitive Therapies

AD HOC REVIEWER

Addictive Behaviors
Addiction
Addiction Research and Theory
American Journal of Drug and Alcohol Abuse
Counselling Psychology Quarterly
Drug and Alcohol Dependence
Emerging Adulthood
Experimental and Clinical Psychopharmacology
Journal of American College Health
Journal of Consulting and Clinical Psychology
Journal of Experimental Education
Journal of Genetic Psychology
Journal of Social and Personality Relationships
Learning and Individual Differences
Personal Relationships
Psychology of Addictive Behaviors
Substance Abuse Treatment, Prevention, and Policy
Violence Against Women

DISTINCTIONS

Center for Teaching and Learning Fellow (2013-2014)
Arthur H. Hughes Award for Achievement in Teaching (2011)
National Institute on Alcohol Abuse and Alcoholism Predoctoral Fellow (2003-2006)
Travel award, Crossroads: Critical Issues in Community-Based Research Partnerships (2004)
Travel award, Samuel B. Guze Symposium on Alcoholism (2003)
Phi Beta Kappa & Psi Chi National Honor Societies: Trinity College
President's Fellow in Psychology: Trinity College (2000)
Grace B. Starkey Merit Scholarship: Trinity College (1997-2000)

LANGUAGE PROFICIENCY

Fluent in Spanish